

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Please write in each box how many minutes you practiced each day:**

**(Pro Tip #1—try to spend at least 20 minutes per day, several days per week! The more you break up your practice time, the better you can reinforce your skills)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total

Music or sections of music I worked on	What I practiced*	How I practiced it*

Pro tip #2: ALWAYS play a good and thorough

Pro tip #3: Make sure your instrument is always in good working order!

After this week's practice I can do this really well:

Next week I need to focus more on:

This week I got better at:

**Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_**

\*Use these two columns of shortcuts to write in the table above. Make sure your methods (HOW) match your goals (WHAT)!

What I practiced

- A. Rhythms/pulse
- B. Notes/fingerings/stickings
- C. Right notes and rhythms together
- D. Good tone quality and intonation
- E. Articulation
- F. Phrasing
- G. Dynamics
- H. Endurance

How I practiced it

- A. Broke it down into small chunks
- B. Isolated and worked on the sections where I had difficulty
- C. Counted the rhythms or clapped/counted
- D. Practiced it slowly (**with a metronome**), then sped it up
- E. Set (and met!) a goal of 5 correct repetitions
- F. Practiced slowly with a tuner or drone
- G. Sang the melody or used air patterns to work on phrasing or articulation
- H. Started at the end and worked backwards
- I. Started in the middle and worked left and right
- J. Wrote reminder notes to myself into my music